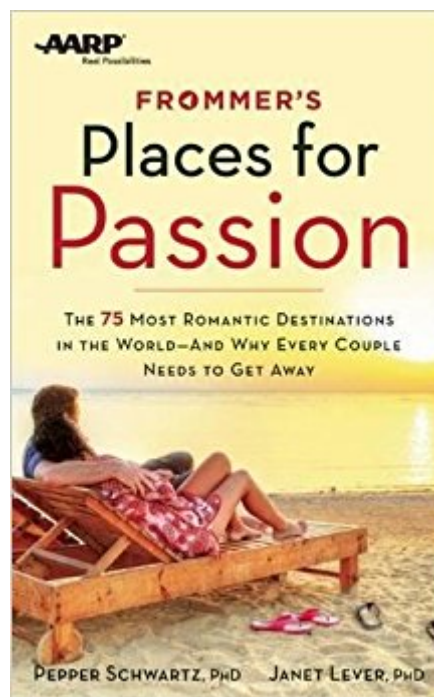




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# Frommer's/AARP Places For Passion: The 75 Most Romantic Destinations In The World - And Why Every Couple Needs To Get Away



## Synopsis

Today Show contributor, AARP Sex and Relationship Ambassador, and best-selling author Pepper Schwartz has teamed up with Janet Lever (former coauthor of Glamour's Sex and Health column) to create a guidebook to the world's sexiest destinations. Along with the detail-rich text on their top 75 picks, the authors make a solid case for why traveling together is an important factor in improving and sustaining the romance in our lives. This witty, helpful book also dishes the dirt on how to pick the right destinations, why travel can rekindle sparks, tricks and tips for passion, and ways to constructively negotiate with your significant other about vacation plans.

## Book Information

Paperback: 416 pages

Publisher: FrommerMedia (December 9, 2014)

Language: English

ISBN-10: 1628871504

ISBN-13: 978-1628871500

Product Dimensions: 1 x 5.2 x 7.8 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 25 customer reviews

Best Sellers Rank: #831,431 in Books (See Top 100 in Books) #10 in Books > Crafts, Hobbies & Home > Weddings > Honeymoon #78 in Books > Travel > Specialty Travel > Senior Travel #3141 in Books > Travel > Travel Writing

## Customer Reviews

The coauthors of the Sex and Health column for Glamour magazine for a decade, Pepper Schwartz and Janet Lever appear frequently in national media as experts on intimate relationships and sexuality. Both earned their doctorates at Yale University. Dr. Schwartz has authored or coauthored 19 books, including, most recently, Prime: Adventures and Advice on Sex, Love, and the Sensual Years, The Normal Bar: the Surprising Secrets of Extremely Happy Couples, and Dating for Dummies over 50. A professor of sociology at the University of Washington. she lives in Seattle. Dr. Lever, after leading teams of researchers that designed the three largest magazine sex surveys ever tabulated, came to Elle in 2002 to lead a series of annual surveys hosted on both the health and the business sections of NBCNews.com. Her Office Sex and Romance Survey; Work, Sex, and Power Survey; Good Sex • Survey; and Sex and Money Survey are among the largest surveys on these understudied topics. A sociology professor California State University, Los

Angeles, she lives in Los Angeles.

A well-researched and rich book for all couples who want to make their next vacation different. As a member of a couple I am often looking into finding interesting destinations for our next adventures/vacations. This book will save me hours of google search! And as a couples' counselor I am always asked for ideas about travel destinations. Depending on the couple's need, people might look for adventure, excitement, novelty or want to go somewhere intimate, quiet and relaxing. The book covers this range well. Would be a lovely gift for the New Year ahead.

Of course I love it- I wrote it. But I hope people who are as romantically inclined as I am will get the over all message: romance sometimes needs to be enhanced by what you do together- and the scene, place and activities you do make a huge difference. Whether its budget or over the top, it should show a nod to sculpting the experience you have, making it even more romantic than you hoped for.

We are both avid traveller and this book appears to be written for us. Why travel just to see the sights when you can combine travel with special intimate time with your sweetie? Pepper Schwartz has done it again- reminding us of how much fun we can have.

If you liked Helen Fischer's TED talk on "The Brain in Love", and are ready to take your relationship to the next level, get this book. Travel with your partner can amp up dopamine and oxytocin - both essential for lasting love. This is a travel guide, but also has practical tips on how to make romance flourish while traveling. Just being in the location isn't enough; there are things you can do to make the trip more romantic. You'll find tips such as choosing a room that is more luxurious / more beautiful than home, seeking out nature and adrenaline, thoughtful surprises for your partner, why privacy is crucial (steer clear of conventioners), and ideas for mutual discovery. What I appreciate most about this book is the attention to detail. Travel planning can be very time consuming, and this book does the heavy lifting. It answers the question, how and where - exactly - to have a romantic travel experience. This stuff does not come naturally to most people, so trust the experts.

The book reminds us of all the excitement and love available when we become open to it. Life is so short-let's make memories while we can.

Great ideas, well researched and inspiring. We are avid travelers and delighted to find this guide for global romance. It makes a great gift as well whether for newlyweds or long time couples.

What a great book. It's full of fabulous romantic destinations PLUS great sex and relationship advice. One can't but envy the authors their travels and look forward to planning ones next trip.

Great little book with lots of ideas about keeping love alive. Some are very exotic and pricey, but other places are reasonable and easy to do.

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